



## **2009 MT CACFP Cook's Training**

*Supported in part by a USDA Team Nutrition Grant*

Instructor: Katie Appel-Goble

### Today's Schedule

9:00am- Welcome and Introductions

9:30am- Cooking Demonstration

10:00am- Morning Break

10:15am-Work Station Assignments

12:00pm- Working Lunch and Instruction

12:30pm-Q & A Wrap-up & Evaluations

1:00pm -Adjourn

### Cooking Agenda

Biscuit & Baking Mix-Master Mix Recipe

Cinnamon Rolls

Confetti Bean Salsa

Confetti Bean Rice Salad

Confetti Bean Roll-ups

Spaghetti Sauce with Lentils

Macaroni & Cheese

Baked Chicken Strips with sweet & sour dipping sauce

Chicken Salad with vinaigrette dressing

Plum chicken/turkey kabob with grapes

Pumpkin Bread with maple butter

Applesauce Bread with honey butter

Fruit Juice Gelatin Parfaits topped with yogurt

Autumn Bars